



**Recreation Department: Self-Disclosure & Personal Boundaries**

During provision of direct-care services for our residents, it is rarely permissible for any member of the Recreation Department (employee, intern, volunteer, nor guest) to disclose personal information. Personal details in regard to one’s lifestyle, place of residence, past experiences, etc. are considered private and should not be discussed with residents. Revealing this information may compromise the professional therapeutic relationship and violate professional boundaries. On occasion, sharing one’s preferences or experience may prove beneficial in the care of a resident. Proceed in this instance, with caution.

It is also critical to maintain healthy physical boundaries during service. Awareness of and maintenance of personal space displays professionalism and establishes the authority/client relationship. High fives and handshakes are permitted. All other forms of physical contact are discouraged.

Please sign below confirming that you have read and fully understand these policies regarding Self-Disclosure and Personal Boundaries:

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date